

# *Reset...Let's Try This Again!*



It's the start of a new week and you've given yourself a challenge or a new goal to hit. You notice that after the first day, nothing was accomplished but you don't beat yourself up about it because it was "only the first day". After a couple of days, there has still been no progress because something came up or you got busy with other things. Hey, life happens right? But now it's the start of another week and you feel horrible about your non-existent progress. Do you feel like a failure? Do you feel like just giving up? Maybe this is something that you should have never tried to take on in the first place.

It's time to hit that reset button and try again. Whatever it is in life that you want to achieve is going to come with some challenges and you have to prepare yourself for it. Prepare to fall but also prepare to get back up. But you can't do any of this without God. It doesn't matter how many times you hit reset what matters is that you keep going, keep trying, and keep pushing yourself. Pray and ask God for strength and guidance and he will give it to you.

He looks at the heart and not all of the "things" that we do. When you commune with him daily and confess to Him the challenges, the failures, and the anger that overwhelms you He will give you rest. Rest to quiet all of the noise so that you can focus on Him and the task at hand. Focus so that you can hear His voice loud and clear to guide you. Open your eyes to the things that you've been doing wrong and show yourself the things that you need to correct and turn away from. You will begin to see more clearly, doors will open, and blessings will rain down from heaven. Don't beat yourself because you only worked out once last week instead of 4. The fact is that you worked out and if you keep trying you'll work out at least twice the next week. Remember God sees your heart so He knows how much you want this thing and how hard you work for it. So hit that reset button and let's try this again.

*True Women of God*

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