

Intentional Submission

Suffer Well

Scripture Focus: 1 Peter 4:1 (CSB)

“Therefore, since Christ suffered in the flesh, arm yourselves also with the same attitude, because whoever suffers in the body is done with sin.”

Devotional Thought:

There must be intentionality in your walk with God. Far too often, we see people treat God as a last resort—a crisis counselor or a magician—called upon only when things fall apart. They cry out for prayer in moments of desperation but disappear once comfort returns. 1 Peter 4:1 reminds us that as Christ suffered with purpose, we too must adopt the same mindset. To suffer well is not to seek out pain, but to endure it with purpose and perspective. (See also Hebrews 5:8.)

Reflection Questions:

1. Am I seeking God only when I'm in need, or am I surrendered to Him in every season?
2. What area of my life have I been holding back from God?
3. How can I shift my perspective on suffering to align with Christ's attitude?

Prayer:

Father, forgive me for the times I've approached You out of convenience and not covenant. Teach me to suffer well, to trust You in the hard places, and to submit every area of my life to You—not just the parts I'm comfortable surrendering. Help me to walk in intentional faith, not transactional belief. In Jesus' name, Amen.